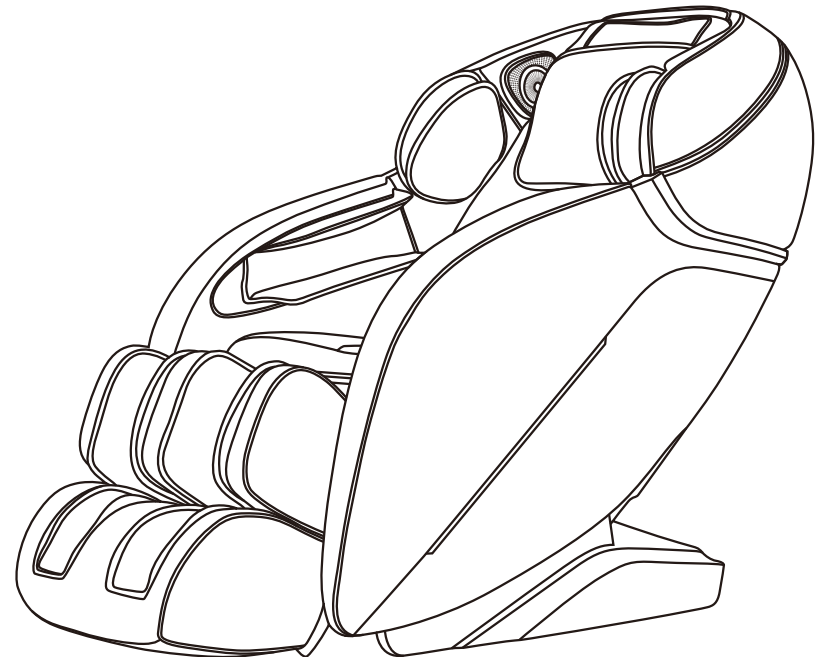


**iRest**

## **A303-6 MASSAGE CHAIR**

OPERATION INSTRUCTIONS

**SAVE THESE INSTRUCTIONS**



Thank you for purchasing this product. Before you use it, please read the Operation Instructions in detail for the correct usage of this product, especially the important safety warnings. Keep the Operation Instructions properly for future reference.

Note: iRest reserves the right to change and explain any product design without prior notice. Product colors are subject to the actual products.

## **TABLE OF CONTENTS**

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Safety and Maintenance	02
Safety Warning	04
Names of Components	06
Function	07
Method of Usage	08
Product Specification	17

## Safety and maintenance

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### 1. Important Safety Warnings



- Do not allow children to touch any movable part of this product.
- Use the well-grounded power supply unit suitable for this product.
- Pull out the plug after use or before cleaning to avoid any physical injury or damage to the product.
- Operate this product as instructed in this manual.
- Do not use any parts or accessories which are not recommended.
- Do not use this product outdoors.
- Please read the Operation Instructions carefully before operation.
- Never use this product for any other purpose not listed herein.
- 20 minutes of usage each time is recommended.
- Do not use this product if the leather is broken or damaged.
- Do not use this product if the cover or leather is broken or damaged.
- Do not use this product if the radiator hole is covered or blocked.
- Do not drop anything into this product.
- Never fall asleep while using this product.
- Do not use this product if you are drunk or feel unwell.
- Do not use this product within one hour after a meal.
- Do not use this product with excessive force to avoid any injury.
- Do not carry any fragile, explosive, or combustible material in your pocket, such as a mobile phone and lighter when using the massage chair.

### 2. Operating Environment

- Do not use this product in a very moist environment such as the bathroom.
- Stop using this product immediately when the ambient temperature changes sharply.
- Do not use this product in any heavily-dusty or caustic environment.
- Do not use this product in a small space or a place without good ventilation.
- The normal room temperature ranges from 0 °C to 35 °C.
- Do not use this product in an excessively humid room such as a bathroom. Use it at a relative humidity between 20% and 80%.
- Do not use this product outdoors.
- Avoid direct sunlight.
- Keep this product away from any heat source such as a stove and air outlet of an air conditioner.
- Do not use this product during thunder or lightning weather.
- Do not use this product in dusty places.

### 3. The following populations should not use this product:

- Patients with osteoporosis.
- Patients with heart disease or wearing electronic medical devices such as a pacemaker.
- People who have a fever.
- Pregnant women or women on their menstrual period.
- Patients who are injured or have a skin disease.
- When unsupervised, any children are under the age of 14 and those unconscious are not allowed to use this product.
- People who are told by their physicians to have rest or who feel unwell.
- People whose bodies are wet are forbidden to use this product.
- This product has a hot surface. Persons insensitive to heat must pay attention when using this product.

## Safety and maintenance

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### 4. Safety Precautions

- Check whether voltage is consistent with the specification of this product.
- Never insert or pull out the plug with a wet hand.
- Do not let water flow into this product to avoid electric shock or cause damage to this product.
- Do not pull the power cord when plugging or unplugging it. Rough handling is forbidden.
- Do not damage the wire or modify the circuit of this product.
- Do not clean live parts of this product with a wet cloth such as a power switch and plug.
- Be away from this product in case of power failure to avoid any injury if power is restored suddenly.
- Stop using this product at once while it works abnormal, and consult your local supplier.
- Stop using this product if you feel unwell, and consult your health care practitioner.
- This product is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning the use of this product by the personnel responsible for their safety. Children should be supervised to ensure that they do not play with this product.
- If the power cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified staff in order to avoid hazards.

### 5. Product Service and Maintenance

- This product should be maintained by the service center designated by the manufacturer only. No user should disassemble or maintain it without permission.
- Do not forget to turn off the main power switch after usage.
- Do not use this product if the power socket becomes loose.
- If this product will be left unused for a long period of time, it is necessary to roll up the power cord of this product and store this product in a dry and dust-free environment.
- Do not store this product at a high temperature or near open flame. Avoid prolonged exposure to direct sunshine.
- Please clean this product with dry cloth. Never use thinner, benzene or alcohol.
- The mechanical components of this product are specially designed and manufactured, so no special maintenance is needed.
- Do not use a sharp object to stab at this product.
- Do not roll or pull this product on any uneven ground. Instead, it should be lifted before moving.
- Please use this product intermittently. Do not keep it working continuously for a long period of time.

### 6. Solutions to Ordinary Malfunctions

- If the motor sounds during operation of this product, this is the normal operation sound.
- If the controller cannot work normally, check whether the plug and the power socket are connected reliably, and whether the power switch is turned on.
- If the rated working time is over, this product will automatically activate the power-off button; If this product keeps operating for a long period of time, the temperature protector will stop this product automatically. The product can be used again after half an hour.

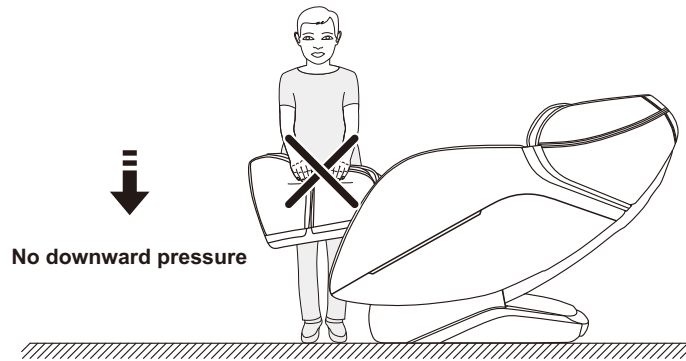
### 7. Storage Conditions

- Storage room temperature: -5 °C to 35 °C.
- Relative humidity (RH) between 20% and 80%; free of corrosive gases, and a well-ventilated room.

## Safety warning

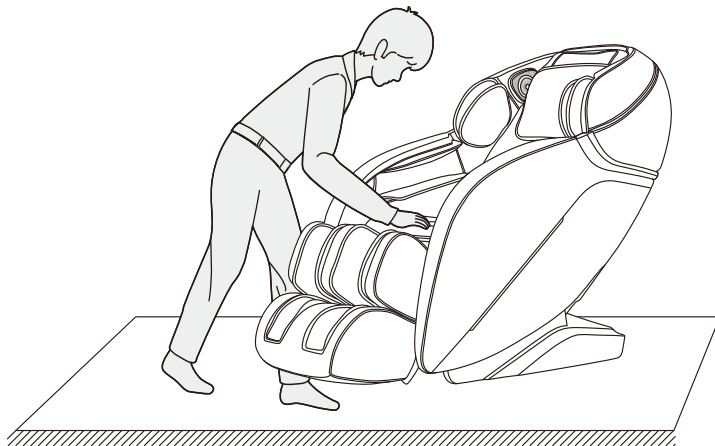
### ⚠ Warning

When the legrest of the massage chair is lifted, nobody should apply pressure on the legrest to prevent the massage chair from falling forward which will damage this product or result in personal injuries.



### ⚠ Warning

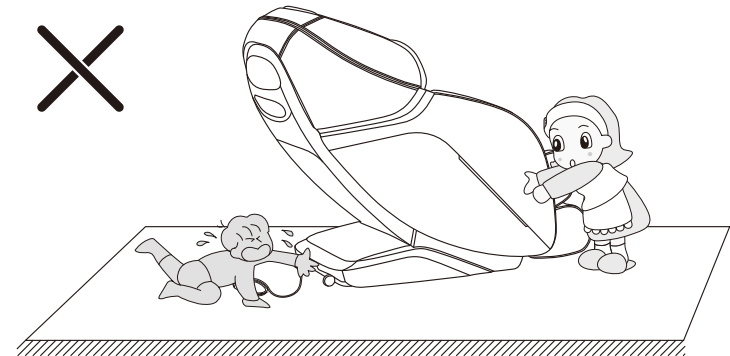
Before sitting on the massage chair, make sure that the massage chair manipulator does not stay in the seat cushion position to avoid discomfort to the buttocks during the body pressing down and any damage to the massage chair manipulator.



## Safety warning

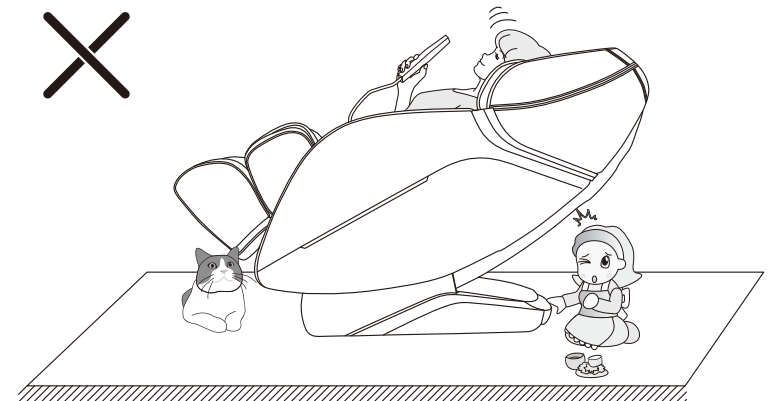
### ⚠ Warning

Do not remove or pull out the remote controller cable or the power cord in the standby or power-on state to avoid any damage to this product or accidental electric shock of a body part. You are advised to unplug the remote controller cable and the power cord and put them away after you use the massage chair.

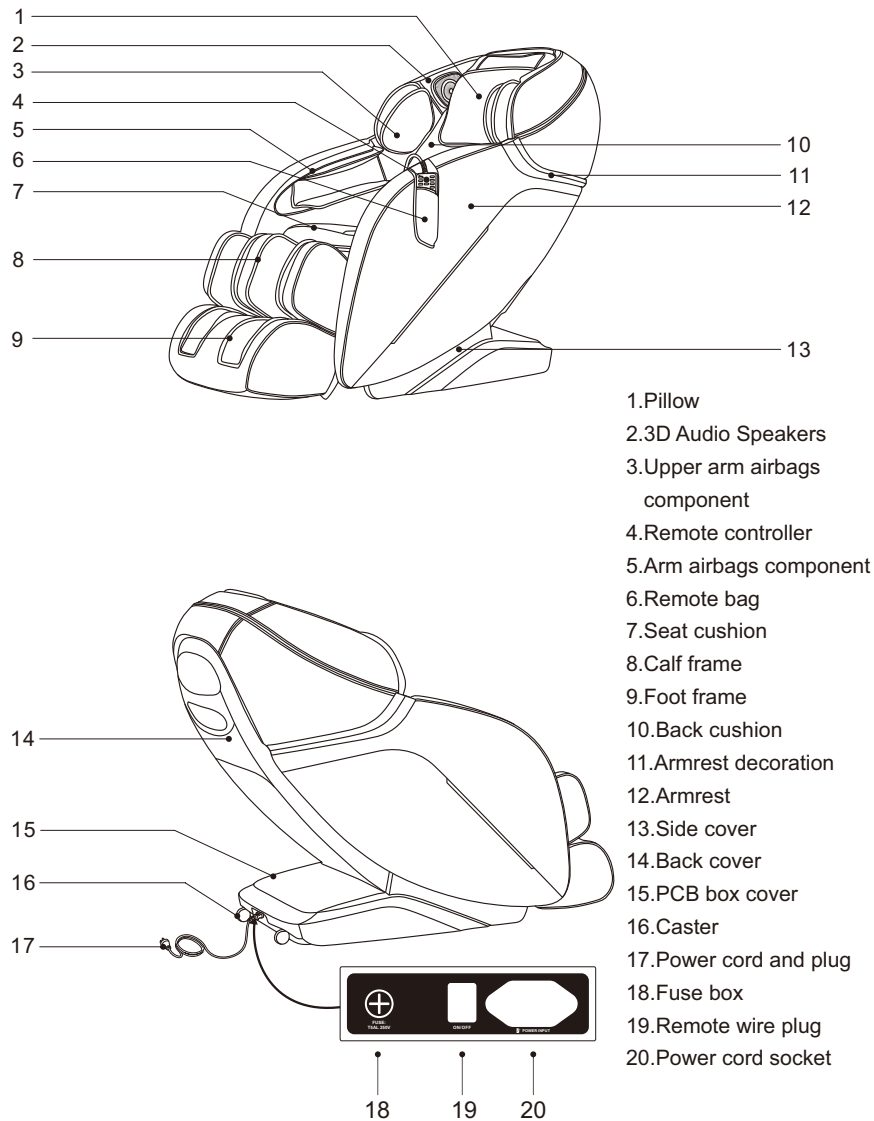


### ⚠ Warning

When the zero-gravity lying function is enabled, be sure to check whether there is any child or pet staying or playing under the bottom of the legrest and backrest, in order to avoid any damage to this product or physical injury.



## Name of components

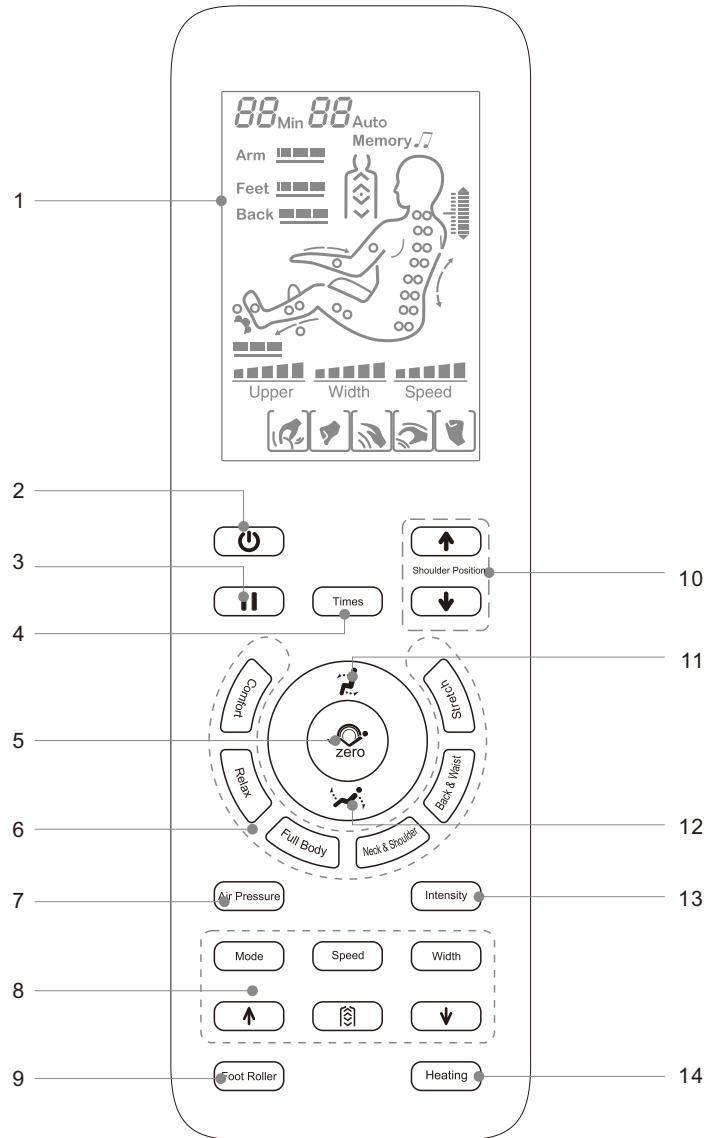


## Function

- Designed with a set of vertically movable, four wheel driven muted intelligent massage hands.
- There are five kinds of simulated massage techniques: shiatsu, kneading, tapping, knocking, kneading & tapping.
- Set with six kinds of characterized auto massage function: comfort, relax, energy, waist & buttock, neck & shoulder, full body.
- It has the upper body manual massage function (area, fixed point, full back, upper body, lower body, five massage parts selection, each massage technique speed can be adjusted in three steps. In the fixed point and partial module state, the massage ball can move up and down to adjust the massage point accurately. In the state of tapping, shiatsu and knocking massage, the width between the two kneading balls is adjustable with three levels: wide, medium and narrow.
- Air pressure massage function with three modes: Full body air pressure, arms air pressure, leg air pressure, with 3intensity adjustable.
- Combined with human back curve technology, makes you enjoy personal massage from the head to the leg.
- The audio speakers are located on the upper arm area of the product, music can be played by connecting the blue tooth to a smart phone or tablet device.
- With sole roller massage function
- The back heating function use carbon fiber as an infrared heating source
- The footrest can be extended to suit different leg lengths.
- The motor drives the footrest and the backrest synchronically and lay down automatically two regulatory functions.
- The backrest of the massage chair should be kept at least 275 mm away from the wall.
- Natural magnet is placed at the heel of the heel.
- LCD colorful screen remote controller.
- The chair will be reset when switch off. The massage hands will be restore as well.

## Method of usage

**Note: The specific displays refer to the actual object of this product!**

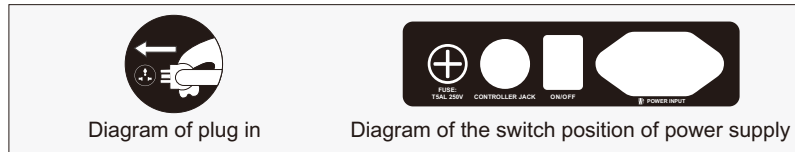


## Method of usage

1. LCD display:
  - Display all massage functions
2. Power switch:
  - Turn on or Turn off all massage functions.
3. Pause button:
  - Stop or start all massage functions..
4. Timing button
  - Time setting
5. Auto lying Button
  - There are three automatic lying position, choose your favorite one.
6. Auto massage Button
  - Please refer to page 11 of this manual for details.
7. Air pressure mode Button
  - Turn on/off the air pressure massage function (refer to page 12 of this manual for details).
8. Manual massage button
  - Please refer to page 13 of this manual for details.
9. Sole roller button
  - Turn on/off sole roller massage function
10. Shoulder adjust button
  - Make the adjustment on shoulder acupressure points.
11. Lifting button
  - Rise up the backrest and lower down the footrest.
12. Lying button
  - Lower down the backrest and rise up the footrest.
13. Air pressure intensity button
  - Make the adjustment on air pressure intensity.
14. Heating
  - Turn on/off heating massage function

## Method of usage

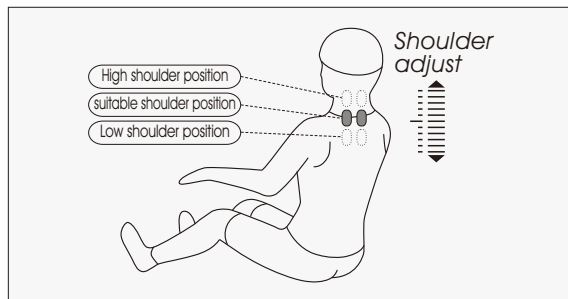
### 1. Switch power supply on



### 2. Start to massage

- ①. Press the power button to start massage.
- ②. The chair conduct a body scan and testing your shoulder position and massage point, waiting for detection to be completed
- ③. If the body scan deviates from the actual shoulder position, adjust the up and down buttons to the appropriate position. There are 10 levels to adjust, and you have 10 seconds to make the adjustment. After 10 seconds, enter in to massage automatically.

Button	Description	Display
	Move the massage balls upward to a suitable position	
	Move the massage balls downward to a suitable position	



During the body scan process (the shoulder position adjustment icon will be displayed on the screen of the controller and sounds "DiDi", and then press the shoulder position up and down keys to adjust the shoulder position). You can also press any of the six automatic massage function keys (comfort, ease, full body, neck shoulder, back waist, stretch) and start massage (you can skip step 4 directly).

- ④. Choose massage function and start massage

## Method of usage

### · Features automatics massage









Function	Button	Description	Display
Features automatics massage		Loosen the muscles.	F1 Auto
		Deep-tissue massage throughout key acupressure points to relax the sore area.	F2 Auto
		Full body massage, relaxing the sore areas.	F3 Auto
		Focus on the neck and shoulder area	F4 Auto
		Focus on the back waist area.	F5 Auto
		The footrest and backrest lifting together, combined with air pressure massage to stretch the legs, remove fatigue, and recover your body.	F6 Auto

### · Upper body manual massage



Function	Button	Massage ball adjustment	Display
Massage		Shiatsu Speed, width	
		Kneading: Speed	
		Tapping: Speed, width	
		Kneading and tapping: speed	
		Knocking: Speed, width	
Speed		3 adjustable level	
Width		3 adjustable level	
Back stretch		The massage hand stay in fixed position	
		The massage hand will move up and down in a partial position	
		The massage hand will move up and down on full back	
		The massage hand will move up and down on back and shoulder area	
		The massage hand will move up and down on back and waist area	
		Massage position adjustment (in fixed point, partial mode, the massage position can be adjusted).	Massage hand move up
	Massage hands go down		

## Method of usage



### • Air pressure massage

Function	Button	Description	Display
Air pressure mode		Full air pressure: air pressure massage on arm, leg and foot.	Arm  Feet 
		Arm: Air pressure massage focus on arm.	Arm 
		Legs: Air pressure massage focus on leg and foot.	Feet 
Intensity		3 levels adjustable	Arm  Feet 



### • Foot roller manual massage function

Function	Button	Description	Display
Foot roller		The foot roller massage function turn on or off.	




### • Heating

Function	Button	Description	Display
Heating		Press this button to turn on/off the back infrared heating, and it will be warm after turning on 3 minutes.	

### • Pause/start massage button


Function	Button	Description	Display
Pause/Start		Press this button during the massage, all massage actions are stop immediately (the timer will continue to count down), and press this button again, all the massage will be resume.	

### • Backrest and calf position adjust

Function	Button	Description
Lifting button		Press and hold this button, it will raise the backrest and lower the footrest simultaneously, a "Di.Di sound indicate that it has reach the maximum position and stop. Press this button again while lifting, then immediately stop.
Lying button		Press and hold this button, it will lower the backrest and raise the footrest simultaneously, a "Di.Di sound indicate that it has reach the maximum position and stop. Press this button again while lifting, then immediately stop.
Automatic lying mode		Switch to an auto lying mode when you press key each time, total 3 modes, cycle switching change. Long press the zero gravity button of remote controller for 3 seconds to turn on or off voice control function.

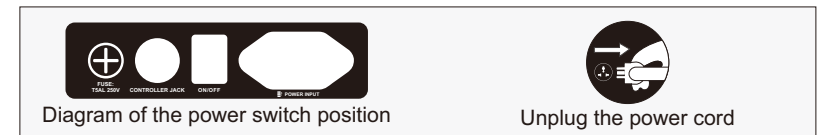
## Method of usage

### • Other manual functions

Function	Button	Description	Display
Timing		Timing adjustment, press one time, add 5 minutes, not more than 30 minutes. If it exceeds 30 minutes, it will return to 5 minutes.	20 min

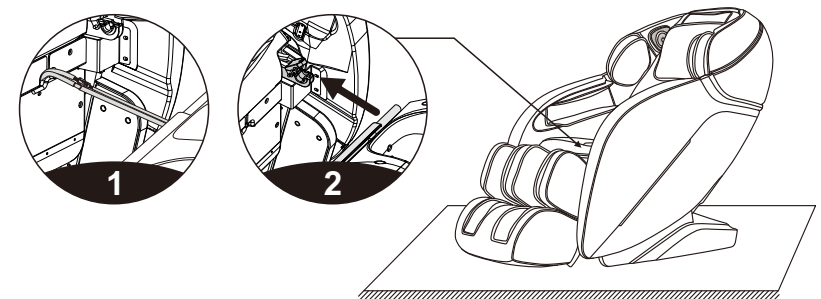
### 3. Turn off the power and stop massage.

- When pressing the power button during the massage, it will stop all the massage functions immediately, the backrest and footrest will go back to the default position. And when the massage time up, the massage hand will go back to the default position, all the massage function will stop, the backrest and footrest will not go back to the default position.
- Cut off the power of the whole machine. Figure (switch power off)



### 4. The calf installation.

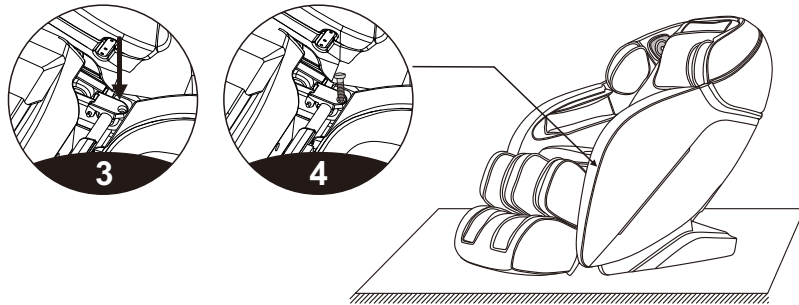
- After connecting the wires and the air hose between the chair seat and the leg rest, unfasten the fixed pipe belt and insert the connecting part into the seat frame (figure 1).
- Place the round tube from calf left and right sides to the legs brackets. (figure 2)





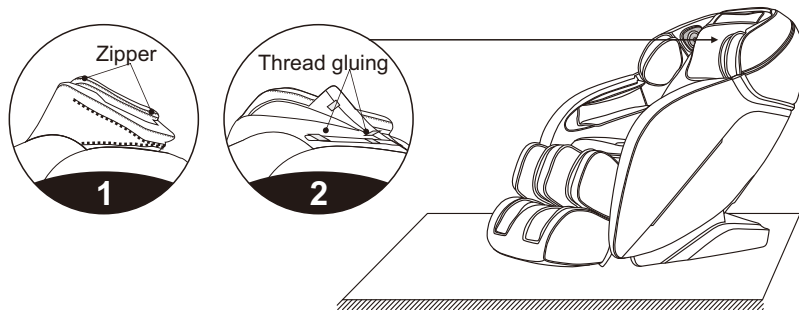
## Method of usage

- Then turn the legs fixing cover over the round tube on both sides of the legs (figure 3)
- Then use 2pcs M4 screws fix the legs on the massage chair, turn up and down to check if there are any problems, the wires and air hose get stuck or not, finish the installation. (figure 4)



## 5. Head cushions and backrest pad's dismounting and use manual

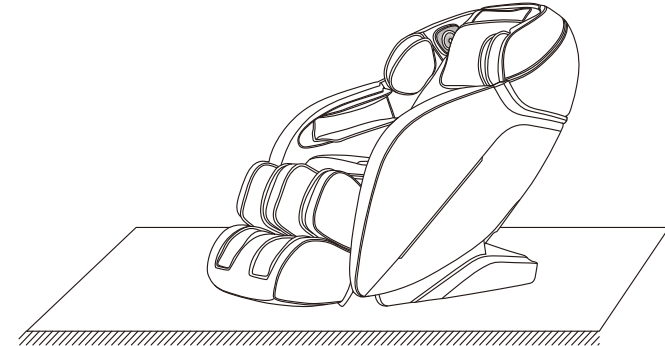
- The head cushion allows you to control the intensity of the neck and shoulder massage. You can decide whether to use the head cushion (Recommend to use). The backrest cushion and the backrest is connected by zipper (1), head cushion and the backrest cushion connected by the Velcro as show in the illustration (2).



## Method of usage

### 6. Floor Protection

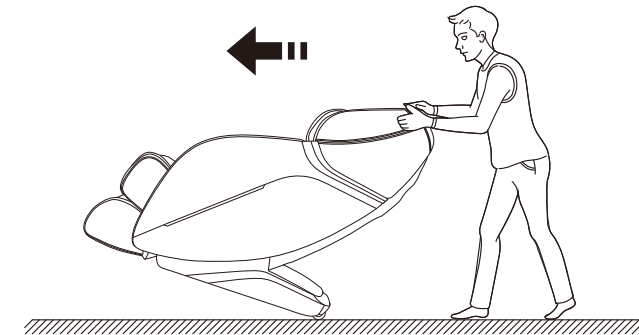
- The prolonged heavy pressure on the massage chair may cause scratches on the floor. Thus, put a carpet or cushion on the floor where the massage chair is placed to avoid this damage.



Note: Do not move the massage chair with its wheels on the rough ground or in a narrow space. At least two persons are required to lift it. During lifting, take the legrest sealing plate and backrest cover grooves as the acting points. (Do not lift the armrest directly.)

### 7. Instruction for Movement

- Make sure that all the wires are pulled away from the massage chair surface; then press the backrest down to a certain angle (with the center of gravity resting on the wheels), you can push the massage chair forward with hands, move it to a suitable position and gently restore it to the normal angle. (Note: During movement, you must turn off the power button first and then unplug the power cord and the remote controller connection wire.)

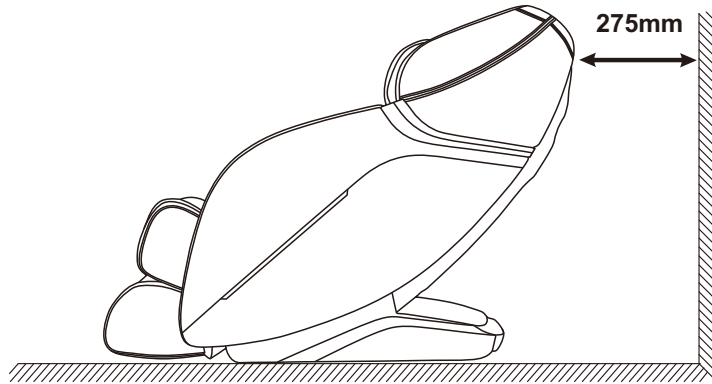


Warning : The rear moving wheels of the massage chair are only suitable for short-distance and slow movement. For long-distance transportation, please use other auxiliary moving tools to move this massage chair!

## Method of usage

### 8.The distance from the wall

- When you place the massage chair, the backrest should always be kept at least 275mm away from the wall. If the backrest is too close to the wall, it will collide the wall and cause damage to the product when it lifting down.



## Product specification

Model: SL-A303

Configure: 6

Name: Massage Chair

Rated voltage: 110-120V~ 60Hz

220-240V~ 50Hz/60Hz

Rated power input: 120W

Rated time: 20Min

Safety structure: Class I

Material introduction: PVC, PA, steel parts and electric & electron parts

MATERIAL	PU	LEATHER	CLOTH	WOOD